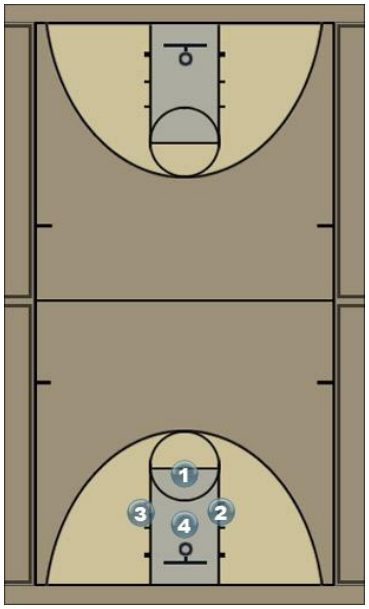
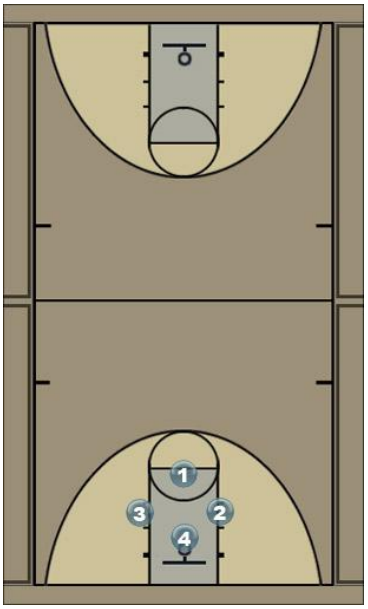
4 on 0 Fastbreak Layups

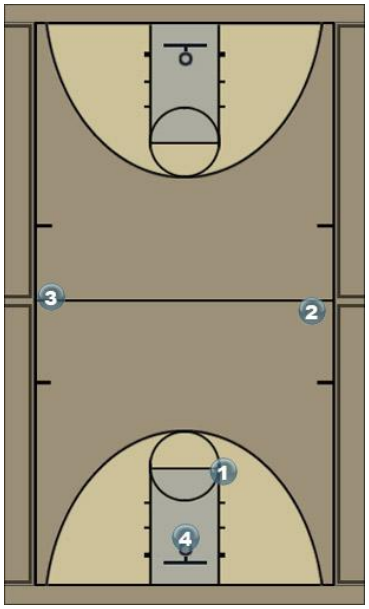
Movement 1



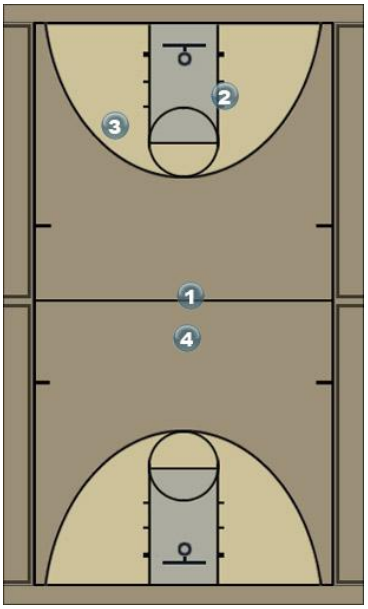
Movement 2



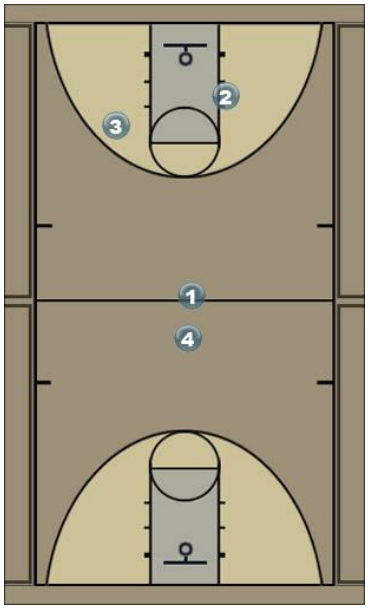
Movement 3



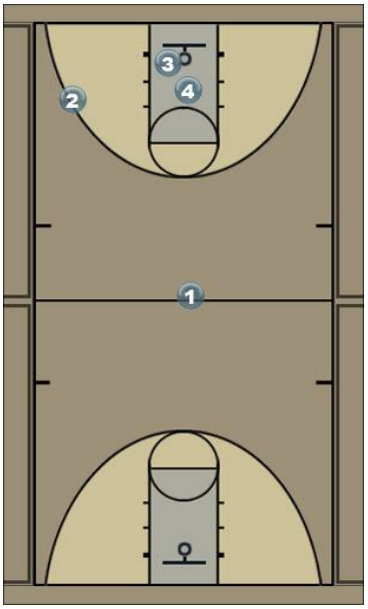
Movement 4



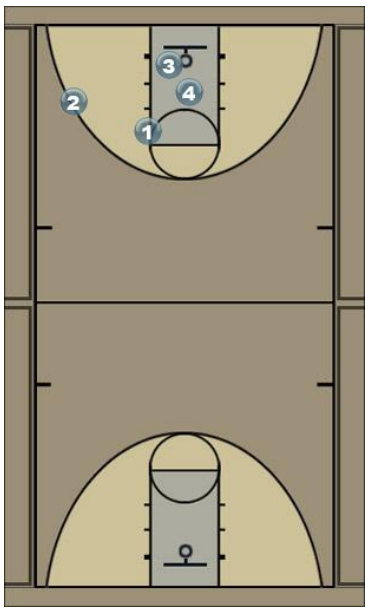
Movement 5



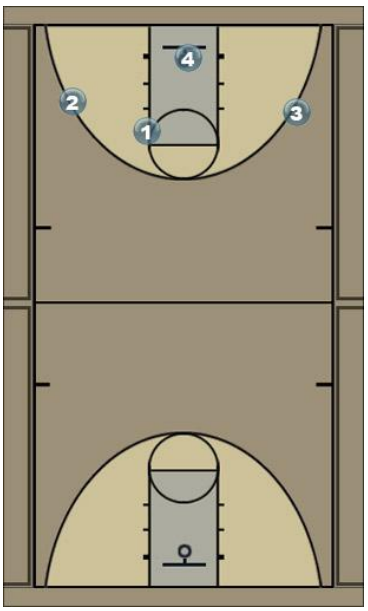
Movement 6



Movement 7



Movement 8



Movement 9

